

CROSSOVER: STAGES OF SPIRITUAL STRENGTH

In the world today, people are searching for an odd something that will offer security and special connections. There is a trend towards random, short-term agreements, with persons and events that do not render satisfaction at an inner self level. We wonder as a population, the answer being illusive. The answer is outside of what we expect and give to ourselves and others.

So, let us begin a new consideration, namely, that all we do and all we think and all we love become who we truly are, every moment of every day. Exactly how we spend each moment of any day is all that we are. And, this collection of experiences defines our physical health, our mental stability, and our ability to be intimate in our real relations with others. All of this affects our ability to be real in any moment of any day, and these days are collected into large trends defining the quality of our personal experience on earth. And, some say, that what becomes of you by your own hand, alone, effects the experience of heaven on earth, and heaven. It seems that only large events determine the outcome of a life path; small happenings being forgiven. Essentially, this theory purported by most religions is false. In fact, all happenings both large and small have a corresponding energetic impact on our self and soul. They, collectively, define our ability to manifest our talents in life and our ability to love.

It is possible to stay awake, consciously choose our actions and connections, determine in advance our responses to challenges and execute these decisions, as is best possible within each day. Over time we become strong and deeply connected to a larger world than that of our own sense of self. This is the creative life path. It is only determined by the personal actions of an individual in every circumstance that life is, all days and over years. This is the mystery. It is complex and requires the involvement of the whole self to resolve.

Crossover begins with the resolution of this mystery within the self. Messages from the world are discerned by the mind. Intuition occurs when the mind is at rest and creative in it's putting together of known facts in novel ways. The development of spiritual attunement opens the boundaries of nature to the spiritual world. Attunement with God builds within the self the gifts of the Spirit of God, and it is the bridge between the physical and spiritual worlds. Messages from the Divine, concerning the Divine and the world, are perceived in this state of expanded awareness, effortlessly, by the self, the soul and spirit. Often there is a sense of an additional energy present, tangible to the physical self and rendering an internal sense of peace. This is the transition from mind being the primary source of perception, to spirit and soul. This transition, practiced over time, evolves into the transformation of the self from a physical being, informed by the mind only, into a holistically present human being discerning the world through the gifts of the Holy Spirit of God with in the self. Answers discerned in this way "fit" the moment perfectly and remain true over time. [Gregory Bateson, Mind

and Nature, p. 153, 1979] This is the first crossover within the self.

Attunement is achieved through spiritual meditation, the practice of being in the Presence of God in a tangible way. It is achieved with the intention to surrender desires of the self in favor of being in service to others for the purpose of spiritual healing. Harry Edwards, in *The Way of Absent Healing*, [1960], suggests, “The physical mind becomes quiescent while the spirit mind rises ascendant, and the only sensing of the consciousness is that one is “in communion” with spirit for healing purpose.[p. 6] “Every healing effort on our part must be purposeful and directive. At the same time we need to avoid the other extreme, that of stressful mind concentration.” [p. 10] In 1956, Harry Edwards “ published the statement that most forms of cancer, especially breast cancers in women, resulted from frustrations and inner-self unrest.” [Spirit Healing, 1960, p. 63] Mr. Edwards received 10,000 letters a week requesting spiritual healing and at the Healing Sanctuary at Shere, U.K., he documented “ over 30,000 outstanding super- normal spirit healings which cover almost every disease and ill-condition that afflicts humanity.” [Spirit Healing, 1960, p. 148] The archives of the Sanctuary have over 200,000 cases of healing benefit. The American pioneer of Self-Healing, Dr. Bernie S. Siegal, wrote *Love, Medicine and Miracles* in 1986. In this book Dr. Siegal quotes Dr. Kenneth Pelletier’s psychological study, [1977, 1978], “ of many patients who recovered despite great odds. He found 5 characteristics common to all of them.” [p. 184] This list includes intrapsychic change through meditation, prayer, and spiritual practice. Mr. Edwards offered groundbreaking research in the 1950-1976 era in spiritual healing, including local and long distance. His methodology for the practice of spiritual healing is accurate, offering standards accepted in 2008 by The World Federation of Healing, U.K. and The National Federation of Spiritual Healing, U.K.

TRANSCENDING TRUST: PHYSICS OF DIVINE CONSCIOUSNESS AND THE DANCE OF LIGHT

Divine observation of the self is directly related to the quality of devotional prayer, that is a personal engagement in communion with the Presence of God. The practice of communion with the Presence of God, which is pure love, light and grace, causes the self to be organized to reflect these attributes in personal presence and in actions. The measure of Divine Light within the self equates with conscious engagement with the observation of God. The measure of Divine Light within the self equates with the quality of time spent in the Presence of God.

The Light of God, light particles photons and waves, have the properties and functions of traveling differently when observed, the physics of John Wheeler, Ph.D., Princeton University.

The more the Light of God is within the self, the more obedient personal consciousness is to internal guidance from the Divine. As one acts in the moment

according to Divine guidance, both the present and the personal past are imbued with goodness. The virtues and attributes of Light and unconditional love are realized within the self in the present and the past, simultaneously. The self acquires the trait of flexibility internally, allowing guidance to surmount personal direction, and this characteristic of flexibility includes the influence of that guidance to affect the present and the past.

External circumstances may remain, however their impact on the self shifts because the self shifts to reflect an inner state of Divine Light and its qualities. The self observed by God, through the process of contemplative prayer, mystical meditation, fills with the Presence of God, Light and love, Light and union, and reflects these attributes in both the present and the past. The dominant attributes of Divine Light are unconditional love, and the experience of union, the personal experience of communion of the Presence of God in all beings.

The Presence of God within the self, magnified by the conscious participation of the self in choosing to be holistically present to the consciousness of God, renders a self that reflects God's attributes of unconditional love and union. The strength of God is greater than any external circumstance, present or past.

The consistent practice of being in unconditional love and conscious union with all beings generates internal strength, the experience of the strength of God within the self. The strength of God being far greater than external to the self-circumstances; these experiences in the present and the past are influenced by the internal strength of God within the self. The self is experienced as strong internally, imbued with acceptance and personal flexibility, passing through earthly physical events without stopping and attempting to hold a moment hostage. That is, to express a personal desire to stop the natural progression of the universe and its nature. And so, in the attributes of the Divine, the self establishes the patterns of the nature of the universe; Divine Creation. This individual no longer has a consciousness that desires to stop time, encapsulating a particular event over time within the self. The enlightened individual, accepts natural progression; is not attached to a particular event, but rather, is attached to the guidance of God, mystically communicated, and is therefore in the natural flow of nature and the rhythm of universe.